



## Unified Flag Football Return to Play Plan 2021

### Arrival

- Upon arrival, all participants may enter their assigned field to prepare for their game. If there is another party/program unrelated to Special Olympics using the field, we ask participants remain at their cars until the party has cleared. Coaches may approach the party to confirm field usage so that scheduled games may start on time.
- Masks must be worn by all athletes, coaches, and volunteers.
- Signs should be posted by coaches on your benches reminding all participants about the symptoms of COVID-19, guidelines to stop its spread and social distancing requirements.
- Athlete safety is our first priority. We are closely following all guidelines provided by SOI, which take precedent over current guidelines followed by RIDOH.

### During Play

- Maintain 6 feet social distance when at all possible.
- There should be no one on your bench or on the field that is not on your registered roster.
- You must make 75% of games for tournament eligibility.
- All Athletes, Unified Partners, and Coaches must wear their masks regardless of vaccination status. Masks must be worn at all times while on the playing field covering both the mouth and nose. Masks may be taken down by athletes on the bench when they are at least 6 feet apart in order to get a drink or catch their breath.
- Teams are encouraged to mark spaces on their sideline for players to sit on the bench to maintain social distancing
- Disinfect all shared equipment after play (i.e., footballs, flags, fitness equipment, etc.)
- You must provide your own water bottles and towels. Do not share these items.
- No high 5's, hugging, or touching of any kind during play. Instead of high 5's with the other team at the end of the game, teams can line up on the sideline and waive to other team while saying "good game!"

### Important Information to Follow

- Wash your hands frequently for 20 seconds. Suggested times are before and after play.
- Coaches will continue to utilize items in their COVID-19 kit, which includes hand sanitizer, masks, gloves, thermometer, disinfectant spray and/or wipes, Code of Conduct/Risk Assessment and Screening & Tracking Forms.
- There are Portable Toilets available at Burgess Field, so please clean your hands before and after use.
- If you are not feeling well, please take the week off from Flag Football.
- Spectators and/or family may stay but are expected to remain away from benches and fields. They are also expected to follow SOI guidelines while attending an SORI event.

**Please be safe and smart as we return to play.**