

Tennis Skills Return to Play Plan 2020

Arrival

- Please arrive 10 minutes before your scheduled start or you will not be allowed to play.
- If you arrive earlier than 10 minutes before your practice time, please stay in or at your car.
- Upon arrival at the 10-minute mark, please report to the **COVID-19 Screening Area** at the entrance of the Tennis Court to complete the **temperature check/screening questions**.
- Masks must be worn in the parking lot and while walking to and from the bathroom. However, once on the tennis court you may take them off as long as you are maintaining 6 feet of distance from other people.
- Signs will be posted throughout the facility reminding all participants about the symptoms of COVID-19, guidelines to stop its spread and social distancing requirements.

During Play

- Maintain 6 feet social distance when at all possible.
- Athlete/Partner/Coach groupings of 5 or less will remain the same throughout the whole season.
- There will be <u>no substituting players</u> in and out each week.
- You must attend 4 out of 5 weeks of practice to be eligible for the tournament on October 24th .
- All Athletes/Partners must wear their masks when they are less than 6 feet from someone. When being asked to do a physical task such as playing Unified Doubles you are allowed to bring the masks down to your neck.
- For Skills Level, each athlete will have a marked area on the court to help maintain social distancing.
- All athletes playing Unified Doubles will abide by the SOI tennis rules. There will be no changeover during matches. Please stay socially distant from your opponents when at all possible.
- Each player must provide their own tennis racquet each week.
- Disinfect tennis racquets prior to and after each practice.
- You must provide your own water bottles and towels. Do not share these items.
- No high 5's, hugging, or touching of any kind during play.

Important Information to Follow

- Wash your hands frequently for 20 seconds. Suggested times are before, in between and after play.
- Coaches will be provided a COVID-19 kit that will include hand sanitizer, masks, gloves, thermometer, disinfectant spray and/or wipes, Code of Conduct/Risk Assessment and Screening & Tracking Forms.
- Keep in mind that there is a public port-a-john available, so please clean your hands before and after use.
- Wear masks while in parking lot, bathrooms, and on the field (when appropriate).
- Please be mindful of gathering only with <u>your group of 5</u> on the tennis court.
- Arrive at your designated time and leave as soon as you are finished.
- If you are not feeling well, please take the week off from tennis.
- Spectators and/or family are allowed to watch but must provide their own chair and <u>wear a mask at all times</u>. Please space yourselves out along the fence so that there is enough social distancing going on.

Please remember we are guests at this facility and if we do not abide by these rules, we will be asked to leave! Please be safe and smart as we ease back into sports.