



Flag Football Return to Play Plan 2020

Arrival

- Practices will be held on the hour mark. Please arrive 20 minutes before your scheduled start or you will not be allowed to play.
- If you arrive earlier than 20 minutes before your practice time, please stay in or at your car.
- Upon arrival at the 20-minute mark, please report to your assigned **COVID-19 Screening Tent** at the entrance of the facility to complete the **temperature check/screening questions**.
- Masks must be worn in the parking lot and while walking to and from the bathroom. However, once on the playing field you may take them off as long as you are maintaining 6 feet of distance from other people.
- Signs will be posted throughout the facility reminding all participants about the symptoms of COVID-19, guidelines to stop its spread and social distancing requirements.
- The expectation of the league is that this will be a **“skills building program”**. Athletes and partners will be working on their skills each week to get better for the future of the league. We will take direction from SOI, the RIDH/Governor’s office about whether we will be able to have games in future weeks.

During Play

- Maintain 6 feet social distance when at all possible.
- Athlete/Partner/Coach groupings of 10 or less will remain the same throughout the whole season.
- There will be no substituting players in and out each week.
- You must make 4 out of 5 weeks for tournament eligibility.
- All Athletes/Partners must wear their masks when they are less than 6 feet from someone. When being asked to do a physical task such as going out for a pass you are allowed to bring the masks down to your neck.
- Each player will be using the same flag belts and mouth guards each week.
- Disinfect all equipment prior to and after play (i.e. footballs, flags and mouth guards.)
- You must provide your own water bottles and towels. Do not share these items.
- No high 5’s, hugging, or touching of any kind during play.

Important Information to Follow

- Wash your hands frequently for 20 seconds. Suggested times are before and after play.
- Coaches will be provided a COVID-19 kit that will include hand sanitizer, masks, gloves, thermometer, disinfectant spray and/or wipes, Code of Conduct/Risk Assessment and Screening & Tracking Forms.
- Keep in mind that there is a public port-a-john available, so please clean your hands before and after use.
- Wear masks while in parking lot, bathrooms, and on the field (when appropriate).
- Please be mindful of gathering only with your team on the field.
- Arrive at your designated time and leave as soon as you are finished.
- If you are not feeling well, please take the week off from Flag Football.
- Spectators and/or family must stay in their cars during weekly play and the tournament.

Please remember we are guests at Burgess Field and if we do not abide by these rules, we will be asked to leave! Please be safe and smart as we ease back into sports.