2019
State Summer Games

Reference Information for Coaches
Table of Contents

Things to Remember ................................................................. 3
Coaches' Responsibilities ......................................................... 4
Command Center ................................................................. 5
Appropriate Attire ................................................................. 6
Competition Notes ................................................................. 7
Event Choices ................................................................. 8
Medical Information ......................................................... 9-10
SORI Staff Contact List ......................................................... 11
Important Things to Remember

**CLOTHING:** Make sure that your athletes have appropriate clothing, including athletic uniforms. Summer days are warm, while nights may be cool. Mark all clothing clearly.

**MEDICATION:** Familiarize yourself with your athlete’s medication schedules. DO NOT pack medication in luggage if it will be needed during travel times.

**REGISTRATION:** Registration will take place May 31st from 9:00am to 12:00pm at the Families Tent in Olympic Village. Teams will receive their credentials, coach’s reports and housing information at registration. Any teams that will be arriving after the designated registration time should notify the SORI Office no later than May 27, 2019.

**LINEN:** **Everyone staying overnight in dorms must supply their own pillows, bedding, towels, washcloths and toiletries.**

**SCRATCHES:** Head coaches must report scratches to the Special Olympics Rhode Island Office prior to the games or at registration on Friday morning at registration. If you must scratch an athlete after Friday morning, please notify the appropriate venue director.

**CREDENTIALS:** Coaches, volunteers and athletes will be required to wear their credentials issued by the SORI Office. These credentials will be the official identification needed to get into the dormitories, dining facilities and activities. **Athletes must wear their credentials at all times except when competing.**

**RESIDENCE HALLS:** Residence Hall staffing is directed by a Professional Residence Hall Supervisor. The Main Desk of the hall is staffed 24 hours a day. The Residence Hall staff is responsible for the administration and operation of the Residence Halls. They will assist you in any way, so please feel free to utilize their capabilities. (The office on the 1st floor of Browning Hall will be staffed 24 hours a day.)

**Do not prop open the outside doors of the residence halls.** Be aware of your surroundings. If you see something suspicious, report it to the Residence Hall Staff, the Command Center or the SORI Staff.
Coaches' Responsibilities at State Summer Games

Because Summer Games are an entire weekend event, it is very important that coaches place the health and safety of their athletes above all else. Below are some of the necessary and helpful procedures that should simplify your job.

1. The coach is responsible for the athletes 24 hours a day. It is up to the coach to ensure that their physical and emotional needs are met during the games.
   - Make sure athletes are properly warmed-up prior to competition.
   - Take precautions to avoid sunburn and heat exhaustion by using sunscreen, drinking plenty of fluids and taking advantage of shaded areas whenever possible.
   - Once in a while the excitement of the games may encourage inappropriate behavior. Close supervision of athletes while in the dormitories and at all activities is required.
   - Security is instructed to report all unacceptable behavior in the residence halls to Special Olympics Rhode Island. Security will have the authority to remove individuals from the residence halls if behavior cannot be controlled.

2. The coach should be aware of the athletes’ possessions. Check for lost items at the Command Center.

3. The coach is expected to be totally familiar with the medical condition, precautions and medication requirements of the athletes. It is the coach's responsibility to administer medication. Knowledge of the medication regimen (what, how much & when) is essential.

4. The coach must ensure that credentials are worn by athletes and volunteers at all times.

5. The coach must be totally familiar with all schedules – sports, special events and meals. It is the coach's responsibility to ensure that the athlete is on time for all sports competitions and also has the opportunity to participate in special activities.

6. The coach is expected to be familiar with Special Olympics Sports Rules. Questions or concerns about sports events should be addressed to the Venue Directors. Concerns or suggestions about other aspects of the games should be made at the Command Center.

7. **NO ALCOHOLIC BEVERAGES** are allowed on the University of Rhode Island campus.

*Please do not hesitate to ask questions during the competition. The more you know, the less confusion will be experienced.*

***All chaperones must be at least 18 years of age.***
Housed within the Command Center are many of the administrative and service functions of the Games.

- Special Olympics Headquarters and Games Office.

- All communications services, both on-site (i.e., messages between Games Committee members, coaches and other pertinent departments) and incoming/outgoing information.

- Updating of schedules of events and respective time frames.

- Lost and found, including athletes, medals, ribbons and credentials.

- **Emergency Text Notification System** - This System will be used to notify coaches of any emergency situation or weather related changes.

- **Social Media** - Only general information will be posted to the SORI Facebook and Twitter pages.

The Command Center will be opened at the following times:

**COMMAND CENTER** *(Next to Trailer / Keaney Parking Lot)*

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>9am to 10:00 pm</td>
</tr>
<tr>
<td>Saturday</td>
<td>8:00 am to 10:00 pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>8:00 am to 1:00pm</td>
</tr>
</tbody>
</table>

**TOOTELL CENTER** *(RAIN PLAN ONLY)*

<table>
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<tr>
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</tbody>
</table>

The Command Center will serve as the nucleus for information during the Games and will be carefully staffed.
Appropriate Attire

Opening Ceremonies
- Team warm-up or team shirt with khaki pants (no jeans)
- SORI team hat only (no Red Sox, Patriots, etc.)
- This applies to everyone who walks with the team

Track & Field
- Team uniform
- Matching shorts (if possible)
- No jeans
- No jewelry (unless it is a medic alert bracelet)
- Must wear a t-shirt under a tank top uniform
- Proper athletic shoes with socks

Swimming
- Required to wear caps but not goggles
- Females – One piece bathing suits
- Males – No t-shirts unless cleared by coach
- Water shoes /flip flops required in pool area
- Team t-shirts/warm ups must be worn during award ceremony

Bowling
- Team uniform shirt
- No jeans
- Bowling shoes required in lane

Soccer
- Team jersey
- Matching shorts (if possible)
- Shin pads
- Socks over shin pads
- Proper footwear (cleats preferred)

Powerlifting
- See Ted Isabella

Cycling
- See Mike Shepherd

Athletes who are inappropriately attired will not be permitted to compete. To avoid disqualification, remember a few helpful hints when preparing for competition:

- If it’s questionable, don’t wear it – Ask first
- Be prepared with back-up garments
- If you won’t have sufficient time to change into your competition gear when you arrive, wear it on the bus or in the car.
**Competition Notes**

**Coaches it is important to please note the following:**

**TRACK**

1. Whistle starts will be used for all races

2. Athletes must be able to go from clerking to race to awards by themselves.

   **Please Note:** Coaches will receive neon colored track access passes. These passes should be used to escort athletes with behavior problems or special medical issues. Please use your own professional discretion.

**FIELD**

When selecting field events athletes may choose either Softball Throw, Shot Put or Turbojav. Shot Put and Turbojav can be chosen only if the athlete has been trained by a certified coach.

**BOWLING**

See bus schedule in competition schedule.

Group assignments for bowlers will be emailed to coaches by Joe Patrick.

**POWERLIFTING**

In the event of rain on Saturday, the Powerlifting weigh in will be moved from 3PM to 4PM.

**RUNNING LONG JUMP**

Running long jump will be clerked at Running Long Jump pit area in Mackel Field House, not in field clerking.

**UNIFIED SOCCER**

Athletes must participate in league play to qualify for State Summer Games. Teams will receive a separate schedule.

**Athletes who are participating in Soccer may not compete in another sport on Saturday.**

**CYCLING**

Time trials will be held on Saturday of State Games.
Event Choices

**TRACK & FIELD** – Friday & Saturday
- Athletes competing in track & field, may participate in cycling or powerlifting on Sunday.

**UNIFIED SOCCER** – Saturday
- Athletes competing in Unified Soccer on Saturday, may choose one of the following:
  - Track on Friday
  - Cycling
  - Powerlifting

**10-PIN BOWLING** – Saturday *(Must participate in qualifier)*
- Athletes competing in 10-pin bowling on Saturday, may chose one of the following:
  - Track & field on Friday
  - Cycling
  - Powerlifting

**CYCLING** – Sunday
- Athletes may choose between track & field, Unified soccer or 10-pin bowling.

**AQUATICS** – Saturday & Sunday
- Athletes competing in aquatics may participate in *one* track & field on Friday only.

**POWERLIFTING** – Sunday
- Athletes must choose between track & field, unified soccer or 10-pin bowling.

Athletes may **NOT** participate in more than (2) sports at Summer Games.
Medical Information

1. Medications must be prepackaged by the parents or the coach. There must be one envelope for each pill clearly labeled with the medication name, dose, date and times as well as the athlete’s name.

2. Please bring all medications as there will not be access to them at the University. This also means medication that is only taken as needed (i.e., Advil, Midol, cold remedies).

3. If an athlete is to take Insulin or any other injectable that is to be given by medical staff, the coach is to notify the medical coordinator prior to the Games stating who the athlete is, the coach, the room number, the medication, the dose and time to be given. You must bring syringes and the medication. Please bring extra even if the syringes are prefilled, especially when it is Insulin. Insulin can be kept at Health Services for refrigeration (Potter Building).

4. Coaches are reminded to keep all medications accessible during travel.

5. **If the coach is aware prior to arriving at an event that an athlete is ill and will not be able to participate, please do not bring the athlete.** Advise medical staff of any athlete who has become ill while traveling. You may be asked to take the athlete home.

6. Coaches are urged to bring hats or visors and sunscreen 30 SPF or higher and use them as needed. Do not apply sunscreen near the eyes.

7. There will be shade and water available. Please use plenty of both and encourage rest periods.

8. In preparing to come to the University, remember that the weather is unpredictable. Be prepared for hot days and cool evenings. Long sleeves would be helpful in avoiding insect bites. You should also bring insect repellent.

9. If an athlete is brought to any of the first aid stations at the University or must be transported to the hospital, a coach who knows the athlete MUST accompany them. This is for both emotional and observation reasons. If the athlete must go to the hospital, medical staff will also accompany the athlete. The coach must remain in the Emergency Room during treatment and will need to coordinate transportation back to URI with the Command Center.

10. Athletes with a confirmed diagnosis of Atlanto-Axial dislocation will be monitored by medical staff to insure the athlete is involved in appropriate activities, competition or leisure.
11. The dorms will be covered by medical staff. This information will be posted in the dorm nearest the office.

12. The infirmary will be opened during the nighttime hours. Please call Cindy Horan, SORI Medical Director if you need medical help during the night 401-255-2700 (cell).

13. Security will also contact medical staff during the night to come to the dorm if needed.

14. During the hours of competition, a first aid tent will be located near the track. Staff will cover all events including Opening Ceremonies, dances and the cookout. (A physician will be available at the medical tent during competition hours.)

15. During event hours, the infirmary will be opened only as needed. If Medical services are required, contact the Command Center and medical staff will be dispatched to the location needed.

16. Coaches must have copies of all athlete/partner forms of those participating in Summer Games, such as; Special Olympics current Medical Form, Official Special Olympics Release Form, and Class A Volunteer Form/Unified Partner form.
SORI Staff Contacts for Area & State Games Questions

Please call (401-349-4900) or email the appropriate SORI staff person listed below for answers to questions concerning the Area and State Games.

Chris Hopkins (Director of Programs)
Chris@specialolympicsri.org
- Operations related questions concerning Area & State Games
- Certificates of Insurance
- Private team issues

Casie Rhodes (Director of Sports & Training)
Casie@specialolympicsri.org
- Competition & training questions
- Housing questions
- Uniform questions

Louise Miller (Volunteer Coordinator/Games Systems Manager)
Louise@specialolympicsri.org
- Athlete Medical Forms
- Class A volunteer forms
- Area & State Games Registration Forms

Stephanie Beaudette (Health/Young Athletes/Unified Schools Coordinator)
Stephanie@specialolympicsri.org
- Healthy Athletes Venue (Opening Eyes, Special Smiles, Healthy Hearing, Fun Fitness)
- MedFest
- Young Athletes

Gerri Walter (Director of Marketing & Communications)
Gerri@specialolympicsri.org
- Team logo & branding information
- Media questions
- Emergency Text Notification System

Robin DeRobbio (Finance Manager)
Robin@specialolympicsri.org
- Manages all team bank accounts
- Pays invoices for team expenses
- Tent applications
- Special diet information forms for State Games
- Books team functions/meetings in the SORI Training Room

Tracy Garabedian (Director of Development)
Tracy@specialolympicsri.org
- Torch Run questions/Torch Run T-shirts
- Team Fundraising Authorization/Fundraising questions

Belinda Plymak (Database Manager)
- State Games Volunteer Coordinator for one-day volunteers at all venues