



SPECIAL OLYMPICS CONCUSSION AWARENESS

RETURN TO PLAY

A participant who has been removed from practice, play or competition due to a suspected concussion may not participate in Special Olympics sports activities until either of the following occurs:

(1) At least 7 days have passed since the participant was removed from play and a currently licensed, qualified medical professional provides written clearance for the participant to return to practice, play and competition.

OR

(2) A currently licensed, qualified medical professional determines that the participant did not suffer a concussion and provides written clearance for the participant to return to practice play immediately.

COACH TRAINING

Special Olympics coaches are required to complete concussion awareness training at least every 3 years.

Visit www.cdc.gov/headsup/youthsports/training/ to complete the training. Submit the certificate of completion to your Special Olympics Program.

MORE INFO

Find more information on concussions at:

www.cdc.gov/concussion

Contact your Special Olympics Program for more information on the Special Olympics Concussion Awareness and Safety Recognition Policy.

When in doubt, sit them out!