

2018 Providence Leg Friday, June 1

	<u>MILES</u>	<u>TOTAL MILES</u>	<u>TIME</u>
<u>PROVIDENCE</u>			
State House to Gaspee Street	0.1	0.1	1:31 PM
Gaspee Street to Francis Street	0.3	0.4	1:34 PM
Francis Street to Dorrance Street	0.3	0.7	1:37 PM
Dorrance Street to Washington Street	0.3	1.0	1:40 PM
Washington Street to Service Road	0.5	1.5	1:45 PM
Service Road to Broad Street	0.2	1.7	1:47 PM
Broad Street to Elmwood Ave.	0.4	2.1	1:51 PM
Elmwood Ave to Reservoir Ave	1.1	3.2	2:02 PM
Reservoir Ave to Roger Williams Ave	0.6	3.8	2:08 PM
<u>CRANSTON</u>			
Roger Williams Ave to Park Ave	0.8	4.6	2:16 PM
Park Ave to Aqueduct Road	0.9	5.5	2:25 PM
Aqueduct Road to New London Ave.	0.6	6.1	2:31 PM
New London Ave to Howard Ave	1.3	7.4	2:44 PM
Howard Ave to Oaklawn Ave	0.9	8.3	2:53 PM
Oaklawn Ave to Warwick Mall	0.7	9.0	3:00 PM
<u>WARWICK</u>			
Warwick Mall to Route 113	1.0	10.0	3:10 PM
Route 113 to Post Road/Centerville Road	1.2	11.2	3:22 PM
<i>continuing on Post Road</i>		11.2	
Centerville Road to Cowsett Road	0.9	12.1	3:31 PM
Cowsett Road to Goodwin Road	0.9	13.0	3:40 PM
Goodwin Road to Division Street	0.8	13.8	3:48 PM
<u>EAST GREENWICH</u>			
<i>continuing on Post Road</i>			
Division Street to First Street	0.6	14.4	3:54 PM
First Street to Cedar Street	0.6	15.0	4:00 PM
Cedar Street to Frenchtown Road	1.1	16.1	4:11 PM
<u>NORTH KINGSTON</u>			
<i>continuing on Post Road</i>			
Frenchtown Road to Essex Street	0.6	16.7	4:17 PM
Essex Street to School Street	0.3	17.0	4:20 PM
School Street to Quonset Street	1.2	18.2	4:32 PM
Quonset Street to Camp Street	0.5	18.7	4:37 PM
Camp Street to Wickford State Police	0.9	19.6	4:46 PM
<i>rest period (15 min)</i>			5:01 PM
Wickford State Police to N.K. Police	0.5	20.1	5:06 PM
N.K. Police to West Main Street	0.3	20.4	5:09 PM
West Main Street to Victory Highway	0.6	21.0	5:15 PM
Victory Highway to Oak Hill Road	0.7	21.7	5:22 PM
Oak Hill Road to Shady Lee Light	1.1	22.8	5:33 PM
Shady Lee Light to Gilbert Stuart	1.3	24.1	5:46 PM
Gilbert Stuart to Holiday Inn	1.8	25.9	6:04 PM

1. Course is calibrated at ten (10) minute miles
2. Run begins in rear of State House (Smith St.)